










# WATER

## USE CONSCIOUSLY. DO NOT WASTE






The water distributed by the Lisbon public network is of excellent quality and meets legal requirements. It must be used with conscience and all waste must be avoided, which also leads to a higher bill, unnecessarily weighing on household expenses.

Around 60% of domestic water consumption is used for daily hygiene, which means that the water we use for hygiene must be used with care, and habits and saving behaviors that make a difference must be adopted.





### Water Saving Tips at Home

-  Never leave taps open as a tap open for 1 minute can waste 12 liters of water;
-  Turn off the faucet while soaping your hands or shaving;
-  Turn off the faucet while brushing your teeth and you will reduce water consumption by 10 to 30 liters per day;
-  Replace baths with short 5-minute showers. Immersion baths and exaggerated showers represent a large part of the waste of the average consumption of a house and consume hundreds of liters of water;
-  While waiting for the shower water to heat up, use a container to store the water and reuse it later for toilet flushing or cleaning;
-  Do not throw rubbish down the toilet as each toilet flush uses about 10 liters of water;
-  Be aware of small water leaks from taps and flushing. In case of water leakage, contact a plumber immediately;
-  When washing dishes and clothes, use the machines with a full load and opt for the eco programs;
-  Report the meter reading regularly within the period indicated on the bill, as this avoids estimating consumption and better controls water costs.

### Tips for Saving Water in the Kitchen

-  If you choose to wash the dishes by hand, avoid running the tap with running water. Use the sink tub and soak the dishes before applying the dishsoap;
-  Reuse the water used to wash vegetables and fruits to water the plants or to wash the floor;
-  Do not dispose of water from cooking vegetables, rice or pasta. These waters, in addition to being nutritious, are tasty and can be incorporated into other uses, such as, for example, in sauces and fillings;
-  When making soup, cut the vegetables small and cover only with the necessary water, avoiding discarding the excess broth after cooking;
-  All ingredients in a meal require water to produce, so reuse leftovers in a creative way.

### Outdoor Water Saving Tips

-  If you have a garden, use a collection container to store rainwater;
-  Plant species that are native to the region, which are more adapted to the local climate and the periodicity of the rains. You can also opt for plants that consume little water and thus avoid increased watering costs;
-  Remember that watering gardens is intended to meet the needs of plants when rainfall is insufficient. Watering with the hose can spend 18 liters per minute. To do this efficiently, take advantage of the hours of lower heat, before 8 am and after 6 pm, and you will have less evaporation losses;
-  To wash the car, preferably use ecological service stations, which have timers for water use, and wash it only when absolutely necessary. If you have to wash with a hose, opt for a bucket and brush to avoid having the water running while you apply the detergent.