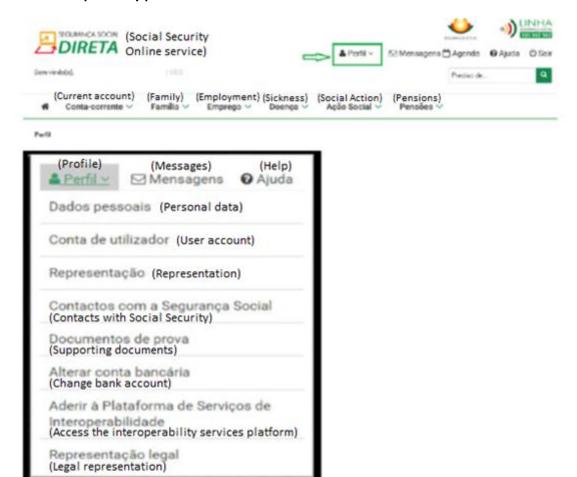
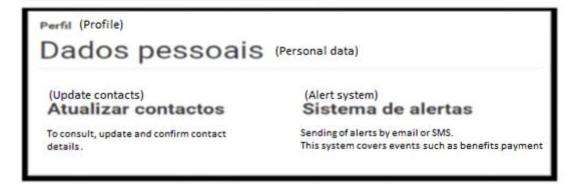
How can I update my personal data?





- To update contact details

In this menu you may consult, update and confirm your personal data: address, telephone number and email address.

You may also print a proof of address.

Any changes you make in your address, telephone number and email address are immediately registered in the Social Security information system.

Please confirm your contact details (Email address/Mobile phone number) using the option "Ações" ("Actions").

By confirming your contact details, you are informing Social Security that these contacts are correct and reliable, and may be used as privileged means of communication.

Contacts to be checked/ confirmed:

- Email address;
- Mobile phone number.

Useful Link: http://www.seg-social.pt/inicio